A WARM WELCOME TO OUR
SPRING 2026

Quarterly Newsletter

Manager's Introduction

Welcome to our latest Newsletter.

We have enjoyed a lovely, prolonged spell of nice weather lately, and it has been wonderful to see residents and families enjoying the beautiful gardens and walks outside. I'm sure you will agree the Wellness Lounge garden, due to perennial rain, is looking everything looking amazing.

I always love springtime - I feel that it brings a sense of happiness and positivity to everyone. Residents have been very busy with their hobbies and interests over the last few months. Louise has written well into her new role as Deputy Manager, and Nikki Hall has been promoted to Clinical Lead.

I'm sure many of you saw the buildings that we had for a couple of weeks over Easter. Our residents loved having them around.

We continue to bring bags into the home. Cora, Nikki, and Clover are our regular visitors, and the residents love petting them and spending time with them.

The Activities team is planning as much as they can for our residents. Just last week, Maureen took residents to spend the day at the Safari Park near Stirling.

Our Highland Games was taking place at the end of May, which is a challenge between ourselves and other Care Concern Homes in our region. Maureen informed us that Kirkcaldy Highland Games, which is the last one in the region, has been postponed until mid-June, which is great for us, but not great for those who will be taking part in the Games. It would be great to see you all come along and cheer on Manor Grange on the day.

Also, if you know someone who would like to receive our email newsletter/updates just let us know or forward them the sign up link below:

Newsletter Sign Up Link

Best wishes,

Gordon Philp
Home Manager

Social Butterflies

Happy Times!

From Valentine's Day to Mother's Day and Easter, the past few months have been full of celebrations, and our residents have enjoyed every moment. Valentine's was a favourite two songs and cuddles. Mother's Day was marked by elegant Afternoon Tea Parties, while Easter brought a special visit from the Easter Bunny. Local schools and nurseries also joined the celebrations, bringing joy and Easter eggs/egg hunts. Needless to say, we conquered our fair share of chocolate!

The Joy of Spring

Welcome Visitors

We were all delighted when our incredible duck eggs hatched, and four brand new ducklings came into our home. There were no shortage of admirers for furry friends and feathered friends visiting our Wellness Lounge garden, and they were spared little with them. The ducklings were extremely bright-eyed and active and were very comfortable being taken on tour around the home so that residents in their rooms could see them as well as those in the Wellness Lounge. We were sad to say farewell when it was time for them to head to Fife.

The Outdoors

Fresh Air & Sunshine

Spring has brought our garden back to life. New life is all around us, with birds nesting and brand-new baby rabbits. The trees are green again, and we are enjoying the beautiful blossom and the fresh air. We have been very busy in our topiary on the front floor. Nellie has been busy planting new spring bulbs, and the garden is once again full of colour, much to the enjoyment of residents and visitors. We intend to make the most of this lovely sunshine.

Day-Trippers

Fun in the Sun!

We have been enjoying lots of outings and have visited the Kirkcaldy, Blairadam, North Queensferry, Charlestown, and Crombie, to name but a few places. We have plans for some lovely outings now that the better weather is upon us. Residents all enjoyed a wonderful afternoon at Blairadam, on a day that was so hot that it commenced to look rather like a tropical beach, sun, ice, a cool cinderella, and watch the world go by for a totally comfortable setting.

Pinky the Manor Grange Mascot

Meet Our Mascot

Pinky is our new Manor Grange Care Home mascot! Already, he was identified specifically as a mascot for our upcoming 2026 Highland Games, but we have had so much fun with him, we decided we should introduce him to our residents and families sooner rather than later. We are also very proud that Portland Office, the people responsible for kitts & mittens, gave Kaseling, and those recently accompanied one of our night staffers, Ashleigh, to Edinburgh to pick up our new friend, and visited the Scottish Edinburgh Cat & Dog Home. He has brought a lot of joy to the Home, staff have taken to 'kaseloping' him, and residents have been creative with him, designing his clothes, and taking him on walks. Our staff team deem kaseling, he is one staff ambassador as part of Team Manor Grange.

Keeping Busy

Keeping Busy & Active

Cake making, golf, indoor bowling, table tennis, crafts, flower arrangers, and jewellery making are just some of the activities with which we have been keeping residents busy over the last few months. Residents visited the Fife Cancer Support Centre, and passed Tony Smith, St Thomas and St Andrew's churches have kindly delivered two services within Manor Grange. We have utilised our cinema to full capacity, and residents have enjoyed watching movies and sports. We have additional support needs from the local community to come along and enjoy a movie.

Staff News

Well Done

Many of you will already know Nikki Hall, who came to Manor Grange five years ago as a Care Assistant, and who has been working as Deputy Manager with the Open University and needs to complete her course next year.

Nikki has proven to be a reliable, caring, and professional individual who always exceeds the best interests of the residents and who is consistent and her amazing fellow colleagues.

We are delighted to announce her as the new Clinical Lead at Manor Grange and wish her every success in her new role.

Relative Meeting Date

Coming Up...

We are pleased to invite you to our upcoming Relatives Meeting on Wednesday, 29th April 2026. This meeting provides an opportunity to discuss recent developments, share news, and ahead any thoughts you may have. We look forward to seeing you there!

For Your Information

Your Thoughts Matter

Visitor Feedback

Remember there are visitor feedback forms available at the Front Door if you would like to comment on your visiting experience at Manor Grange.

Social Media

Connect With Us

Keep checking the Manor Grange Facebook Page for up to date news and photos of what's happening here at Manor Grange.

Don't forget to 'Like' us!

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